Name _____

THE CASE OF EVERETT
(Major Depression)

1. Major Depression can begin:
   a) during childhood
   b) during adolescence
   c) during adulthood
   d) all of the above

2. Which of the following would rule out a diagnosis of major depression?
   a) psychotic features (hallucinations, delusions etc)
   b) catatonia
   c) mania
   d) insomnia

3. Which of the following is NOT a diagnostic symptom of major depression?
   a) diminshed interest in activities
   b) weight loss
   c) weight gain
   d) irritability

4. Everett discusses some of the cognitions associated with depression in this video. What kind of thoughts do people with depression commonly have?

5. Everett discussed the ways depression affected his life. List some of the effected areas and the way in which they were affected.

ARE YOU DEPRESSED?

1. Take the questionnaire on page 254 and write the results below:

   _____ Yeses _____ No's

2. On the back, list the types of things which cause you to be depressed and state the various ways you cope or get help?