

IB LEARNING OUTCOMES
(Anxiety Disorders*)

*Panic disorders, phobic disorders, obsessive-compulsive disorders,
acute stress disorders, posttraumatic stress disorders

1. **Describe** the symptoms and prevalence of an anxiety disorder.

2. **Discuss** etiologies (in terms of biological, cognitive and/or sociological factors) of an anxiety disorder.

3. **Discuss** the relationship between etiology and therapeutic approach in relation to an anxiety disorder.